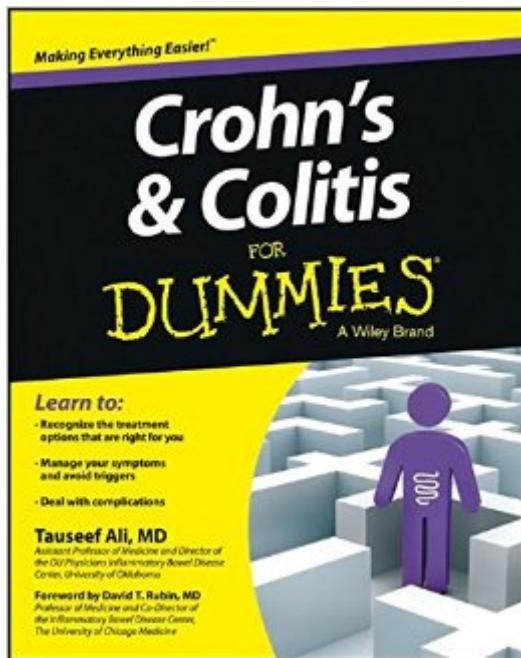


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# Crohn's And Colitis For Dummies



## **Synopsis**

The ultimate reference for those with Crohn's and colitis and their family and friends Crohn's disease and colitis are frustrating, often debilitating gastrointestinal diseases that can have a severe impact on the overall health of those who suffer from them. According to the latest estimates, more than 600,000 patients in North America have Crohn's disease. Written by a physician specialising in the treatment of IBDs, *Crohn's and Colitis For Dummies* is a complete plain-English guide to understanding, treating, and living well with these diseases. Helps readers actively recognize symptoms of Crohn's and colitis and explains the diagnostic procedures doctors use to identify these diseases Outlines how the whole body is affected by Crohn's and colitis, and the potential hazards of letting the disease go untreated Offers expert advice and guidance on controlling Crohn's and colitis with diet and outlines the treatment options of medicines and surgery, including the various risks and benefits of each Provides practical advice for parents of children with Crohn's and colitis with insights into how children's treatment options can differ from those of adults

## **Book Information**

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## **Customer Reviews**

This is a very good book that illustrates with detailed, easy-to-read words what Crohn's and Colitis are, their differences, their similarities, how to manage your friendships around the not-so-nice symptoms that surround this malady. I purchased this book to educate myself on my son's colitis and it taught me a lot of things that I did not know about colitis. One of the things I noticed in this book is that it is a very embarrassing disease to acquire, it is difficult to tell your friends, teachers, professors, etc., about why you are always in the bathroom for what seems like hours at a time and that it is imperative for you to learn how to tell these individuals of your disability. I highly

recommend this book to anyone that is seeking information about this chronic autoimmune disease. Although I don't have the disease the book put me at ease knowing that there are many others out there with Crohn's and Colitis and that it is a life time disease that can be managed. It's given me a kind of peace of mind educating myself on this issue.

I found this book to be a great resource for my ulcerative colitis. Dr. Ali does a great job in explaining both diseases in detail, along with available medications and emerging therapies, diet, common trigger foods, etc. I've had UC for 12 years and still learned some things from this book. I also think this is a great book for people who have a loved one with either disease.

This book is a great resource of information, written easy to understand. Helpful hints can be put to use immediately

Although I'm no dummy, this book puts things in a manner that I can understand the words and meanings. It's not "doc speak". Having been recently diagnosed with Crohn's and Colitis, I wanted a book that would tell me the basics in simpler terms than my Gastroenterologist talks to me about things. I always know that .com will have what I'm looking for and it has come through for me many a times! Thanks, !

A good friend of mine has Crohn's Disease and I have had a hard time finding a resource that has truly helped me understand the disease and all that it entails. I am only partway through this book but I can already tell it is something that will remain on my bookshelf for many years and that I will turn to as questions arise. Good books are hard to find on any subject and it's exciting when you finally find one that explains something in a clear, concise, and thorough manner. Highly recommended.

Easy read and very informative. I recommend this book to anyone that is liking for information on crohns and colitis

I read the entire book in one sitting. I have been dealing with colitis for about two years and this book answered so many questions. I wish I had read this book much sooner so that I would have understood sooner what colitis is and what treatment options are available. It answered questions that I never even thought to ask. Excellent resource to understanding the disease.

I have had Crohn's disease for 30 years and I thought I knew everything I needed to know or there was to know about the disease. This book taught me so much more! Highly recommend if you have either one of these diseases or your loved one does!

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